



Department of
Health and Human Services
Health and Environmental Testing Laboratory
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Clinical Viral Metagenomics Laboratory Submission Information Sheet

Reporting of suspect case to Maine CDC	<ul style="list-style-type: none">• Only if the virus(es) detected is a Notifiable Condition. If you have not already done so, please report suspect or confirmed cases to the Maine CDC via the disease reporting line: 1-800-821-5821 (24hrs/day, 7 days/week).
Required To Submit Laboratory Specimen	<ul style="list-style-type: none">• No
Required Information	<ul style="list-style-type: none">• Information on requisition must include: test request, patient name, DOB, date of collection, specimen source or type, submitter name and contact information.• Important: all specimens must be labeled with patient name and be accompanied by a HETL requisition.
Specimen Requirements	<ul style="list-style-type: none">• A minimum of 500uL CSF for neuro specimens stored and shipped on dry ice or• Nasopharyngeal (NP) swab AND oropharyngeal (OP) swab for respiratory specimens stored and shipped cold (2 - 8°C).
Collection Instructions	<ul style="list-style-type: none">• For CSF: Disinfect patient skin prior to collection. Minimize the presence of blood.• For respiratory: Use Nasopharyngeal (NP) swab AND oropharyngeal (OP) flocked swabs only and submit both swabs in one container of 2-3ml of viral transport media.
Turn Around Time	<ul style="list-style-type: none">• 5-10 business days
Unacceptable Conditions	<ul style="list-style-type: none">• Specimens received without a form and clinical details or with insufficient material to analyze• Specimens in poorly labeled or leaking containers will not be tested• Do not use wooden shaft or calcium alginate swabs• CSF not frozen or grossly contaminated with blood
Results	<ul style="list-style-type: none">• Presence or Absence of genomic viral nucleic acid as listed by taxonomy• All results will be reported only to submitter as stated on requisition via mail or fax.
Laboratory Testing Fee	<ul style="list-style-type: none">• None
Applicable CPT Codes	<ul style="list-style-type: none">• 81479 (whole genome sequencing)
Additional Information	<ul style="list-style-type: none">• Bacteriology at 207-287-1704• Virology and Serology at 207-287-1722• Molecular Biology, Sequencing, and Foodborne at 207-287-5769• Mycobacterium and Rabies at 207-287-1706